

Day Timetable - Summit Seekers. 13-17 July & 3-7 August 2026

	09:30 10:00		10:00 - 12:00	12:15 – 13:00	13:00 - 16:00	16:15 – 16:45	17:00 - 18:00
Monday	Registration for day campers		Discovery & safety (around Base camp): Group A: games on walking rhythm, "what to pack in a backpack", staying together. Group B: how to adjust a backpack, pace management, trail rules. Group C:safety briefing, map intro, preparation for longer outings	Lunch break	Discovery hikes (around Base camp): Group A: 2-3 km nature walk with observation games. Group B: 5-6 km loop with breaks. Group C: 7-10 km with gentle climbs.		
Tuesday			Observation & nature (around Wispile): "Group A: Morning: "Find the Gnome" treasure hunt using simple picture maps around camp base. Group B: Morning: Intro to topographic maps & compass basics; small loop hike near Saanen. Group C: Morning: Safety briefing (mountain weather, emergency calls), advanced compass & pacing exercise. "	Lunch break	Observation & nature (around Wispile): "Group A: Build mini "trail markers" (cairns, arrows) and learn about alpine plants (edelweiss, gentian Group B: "Compass relay" - teams race to find markers using bearings. Group C: Short navigation hike from Gstaad to a viewpoint (e.g. Wispile lower trails). Shout- out idea: "Trailblazer of the Day" badge for kids who showed teamwork."	who demonstrated the goal for the day - i.e.	
Wednesday		Drop off, games &	FULL DAY EXCURSION - LOCAL BIO DYNAMIC FARM & COOKING CLASS WITH LOCAL PRODUCE			teamwork)	
Thursday	equipment check	Endurance & challenge (around Horneggli): Group A: hill games (walk up, controlled walk down). Group B: endurance relay (who manages steady pace?) Group C: physical challenge (timed uphill, pack carrying exercise).	Lunch break	Big hike (around Horneggli): Group A: 4-5 km with storytelling along the way. Group B: 8-10 km loop with steady climbs. Group C:12-15 km with significant elevation gain. Theme: Flowers, animals)		
Friday			Final Challenge (around Eggli Saanen): Group A: fun games (obstacle course) Group B: team challenge (build a trail marker, find hidden object). Group C: Team expedition prep: map reading, dividing roles (navigator, pace setter, safety). Quick simulation on a short trail.	Lunch break	Final challenge (around Eggli Saanen): Group A: storytelling hike ending with picnic/good swiss chocolate. Group B: team treasure-hunt hike. Group C: 8-10 km hike partly self-led, with checkpoints where they must make decisions (choose route, manage time, ration breaks).	Prize - Giving Ceremony & Apen for parents at Base Camp	